

## **Lung conditions**

UniCare Health Plan of West Virginia, Inc. covers health care and support services based on your lung condition. Lung conditions include asthma and Chronic Obstructive Pulmonary Disease (COPD). Services include:

- One-on-one support from a DMCCU case manager
- Written education materials sent to your home
- Medical equipment you need, such as:
  - Nebulizers
  - o Spacers
  - o Peak flow meters
- A home health nurse when needed to show you:
  - o How to use asthma medicine
  - o When and where to go for care
  - How to stay away from things that trigger asthma attacks
- Information about education programs in your community
- Phone calls to you and your doctors to track your progress

## More lung condition resources

- American Lung Association
- AANMA Allergy & Asthma Network Mothers of Asthmatics
- National Heart, Lung, and Blood Institute (NHLBI)

We can translate this for you at no cost.

Call the Customer Care Center at **1-800-782-0095**. If you have speech or hearing loss, call the TTY line at **1-866-368-1634**.