

## Behavioral health

UniCare Health Plan of West Virginia Inc. (UniCare) can help you with your condition. Services include:

- One-on-one help with depression, schizophrenia, bipolar disorder or substance use disorder
- Treatment from a licensed mental health caregiver
- Specialist referrals, if needed
- Information about resources in your area
- Phone calls to you and your providers to track your progress

## More behavioral health resources

- National Institute of Mental Health
- SAMHSA's National Health Information Center
- Mental Health America
- National Alliance on Mental Illness

We can translate this for you at no cost.

Call the Customer Care Center at **1-800-782-0095**. If you have speech or hearing loss, call the TTY line at **1-866-368-1634**.